

Personalized Planetary Process

Date: _____

(Planet of your selection), you have taught me:

How to _____

Why I _____

That I am _____

That I need _____

I feel comfortable when _____

I am uncomfortable when _____

That I am skilled at _____

I am vulnerable when _____

My strength is _____

The lesson of _____

Thank you (same planet of your choice)

For helping me _____

For showing me that _____

